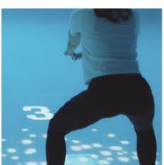


Content List

2022



SMART PLAYGROUND
DIDIM

2022 DIDIM Content

Growth and Health Improvement Programs for Enhancing Physical Conditions, Mental Health, and Sociality

Effective composition of the platform, considering users' interests as well as exercise effects



Consisting of a wide range of content that can be utilized by people of all ages from children to the elderly for various purposes such as promoting physical growth, improving physical strength, staying fit, and preventing dementia

Content List

February 10, 2022

F	Fitness Training	B	Brain Training	G	Health Game
1	Running	1	Speed Card	1	Virus Hunter
2	Shuttle Run	2	Image Tracking	2	Space War
3	Running in Place	3	Word Search	3	Catching Bugs
4	Forward Jump	4	Matching Game	4	Save the Earth
5	Stretching	5	Shadow Quiz	5	Brick Breaker
6	Jumping Jack	6	Easy Math	6	Two Ball Soccer
7	Moving Short Pitch	7	Low to High	7	Run
8	Jumping Short Pitch	8	Balloon Path	8	Drop the Ball
9	Stepladder	9	Idiom Complete	9	Lunch Time
10	Random Square	10	Chinese Character Study	10	Lunch Together
11	Square	11	Speed Rock-Paper-Scissors	11	Pin Ball
12	Lunge	12	OX Quiz Together	12	Jet Rider
13	Skipping Rope	13	Color Matching	13	Rhythm Dance_Baby Shark
14	Squat	14	Puzzle Math	14	Bit Jump
15	Plank	15	Step on High	15	Rhythm Dance_B-Virus
16	Side Step	16	Recycle	16	My Pet Racing
17	Side Jump	17	Piano	17	Whack a Mole
18	Arm Walking	18	Guess The Proverb	18	Penalty Kick
19	Single Leg Stance	19	Crosswalk	19	Step Racing
20	Mountain Climber				
21	Burpee Test				
22	Tap Step				
23	Meditation				
24	Sprint				
25	Switch Step				
26					
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F

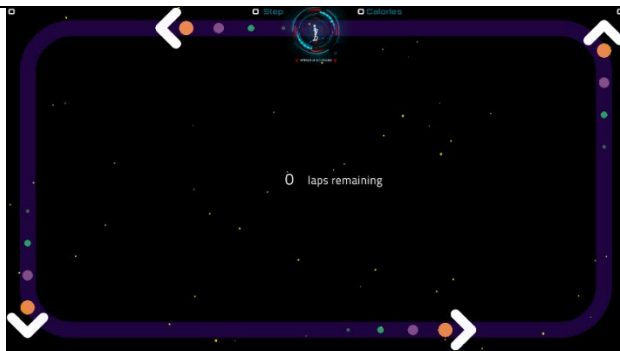
Fitness Training



The fitness training content allow players to monitor the accurate amount of exercise and changes in their exercise records when they work out alone or under the guidance of a fitness trainer.

01 Running

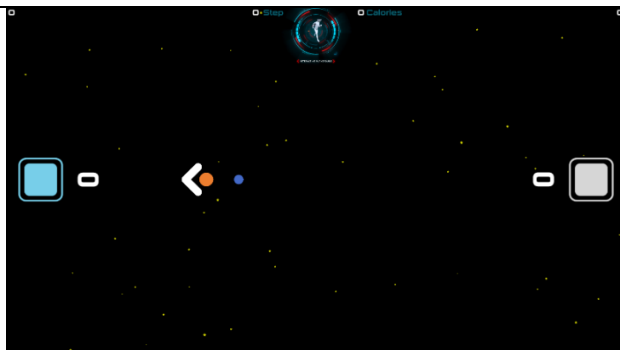
1-4



Run on the track slowly, following the arrows. Speed goes up whenever you step on an arrow.

02 Shuttle Run

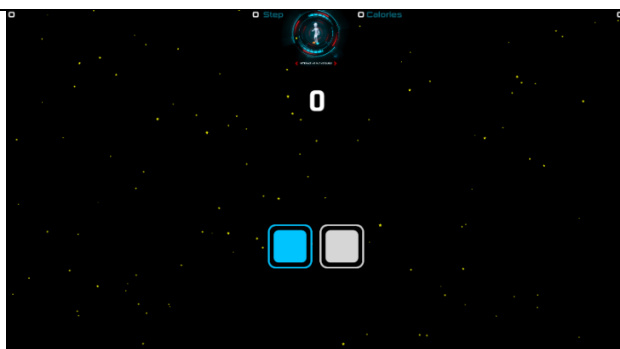
1-4



Run back and forth, following the blue sprite. This workout requires an ability to perform a rapid change of direction.

03 Running in place

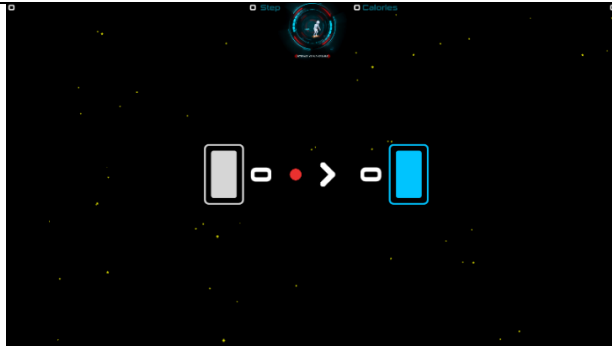
1-4



Run fast in place, lifting your knees high. Do foot strike and arm swing as big as possible.

04 Forward Jump

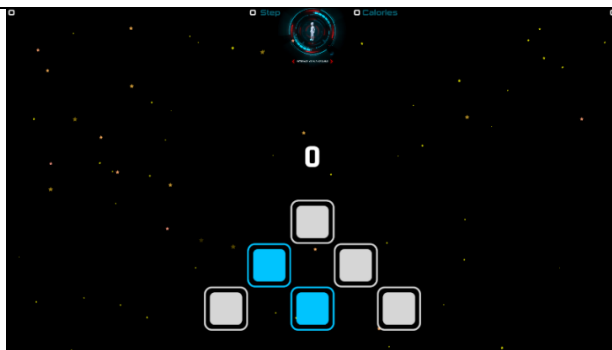
1-4



Put your feet together at the starting point and jump onto the blue sprite. Be careful not to slip when you land.

05 Stretching

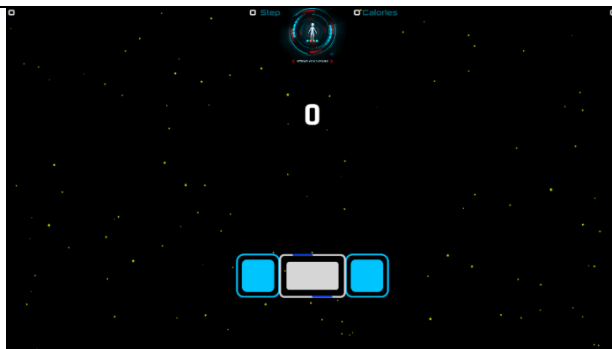
1-4



Put one of your feet on the starting point first. Then, stretch the other foot to the sprite. You can stretch your muscles and ligaments more than usual.

06 Jumping Jack

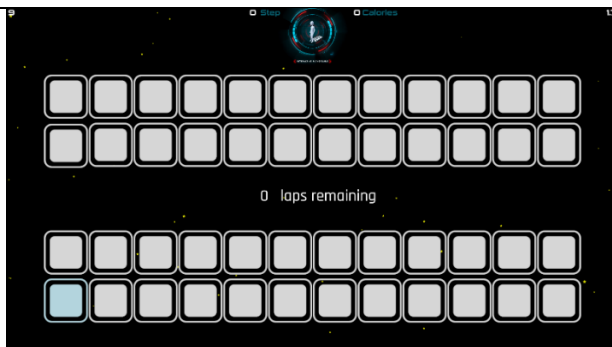
1-4



Jump into the air, spreading your arms at shoulder height and your legs to the sprites. Jump back to the starting position. Jump up again, stretch your arms out and over your head to clap. Repeat.

07 Moving Short Pitch

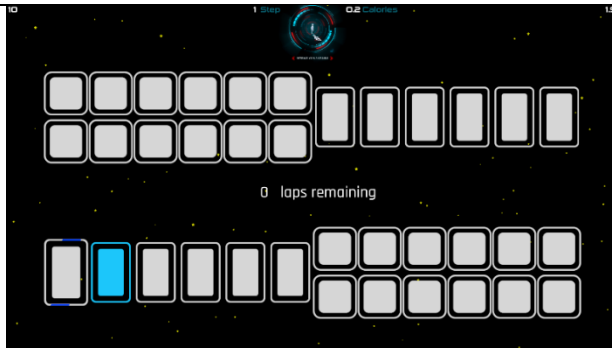
1-4



Step on the sprite with one foot and step on the next sprite with the other foot. Move fast, stepping on the sprites. You should complete the course quickly and accurately.

08 Jumping Short Pitch

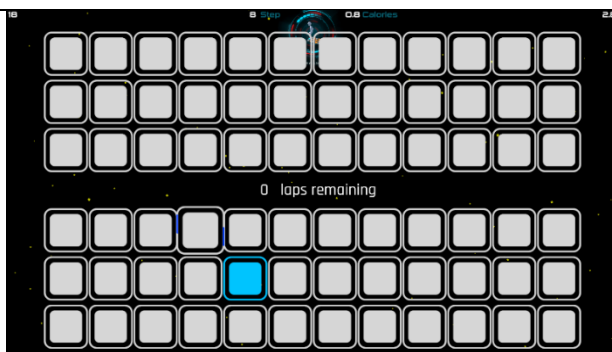
1-4



Step on the sprite with one foot and step on the next sprite with the other foot. Move fast, stepping on the sprites. You should complete the course quickly and accurately.

09 Stepladder

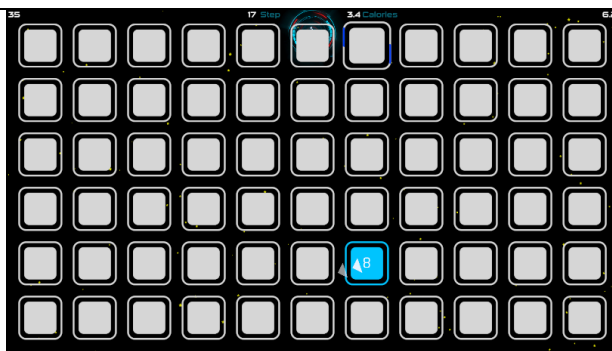
1-4



Step on each side of the sprites with one foot and step on the sprite in the middle with your both feet. Move quickly and rhythmically.

10 Random Square

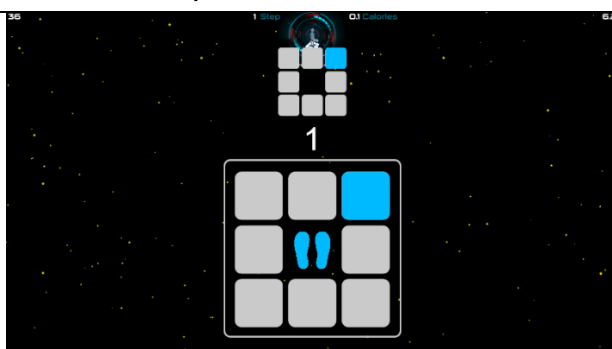
1-4



Once you step on a sprite appearing randomly, the next sprite appears. You may move quickly or slowly. Step on all the sprites.

11 Square

1-4

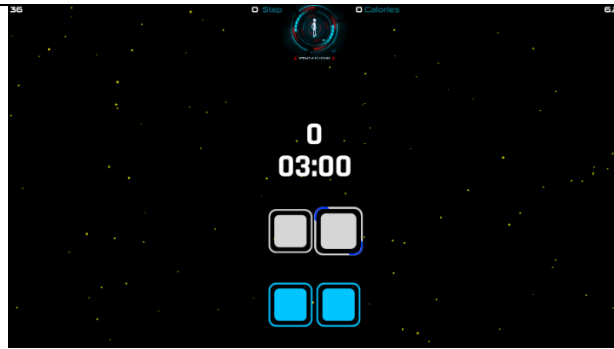


Put your feet together at the center of the square. Step on a box as quickly as possible as shown in the sprite guide at the top.

12

Lunge

1-4

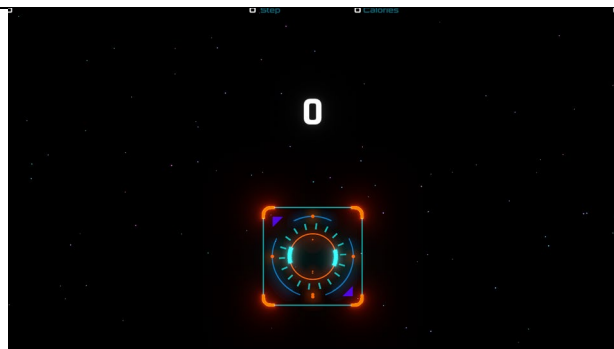


Stand on the lower square. Put one of your feet on the upper sprite. Keep your back straight and be careful for your knee not to go further than your tiptoe.

13

Skipping Rope

1-4

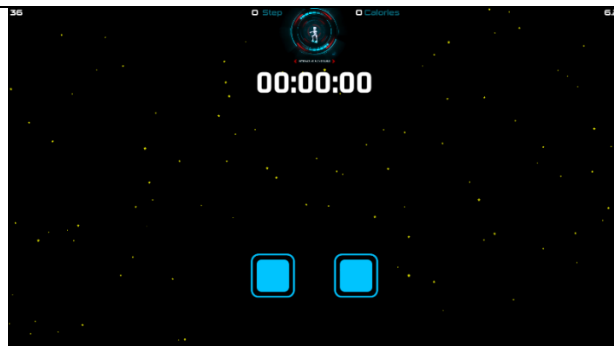


Put your feet together on the sprite and jump in place. Jump as high as you can to maximize the exercise effect.

14

Squat

1-4

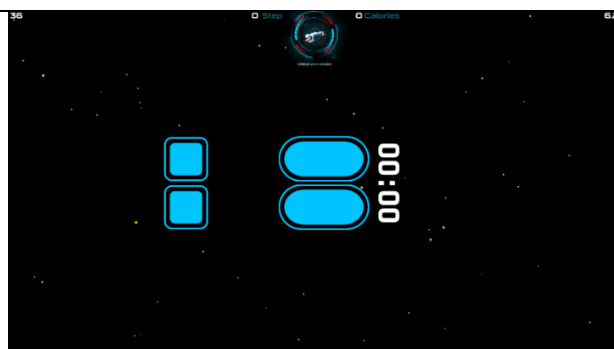


Keep your back straight and put your weight on your heels. Then, slowly lower your hips. Squat down until your thighs are parallel to the floor. Repeat.

15

Plank

1-4

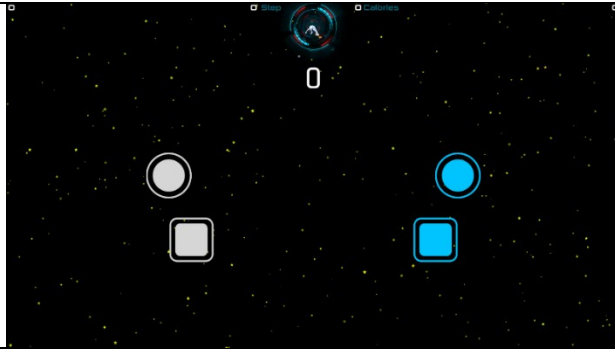


Place forearms (including your elbows and fists) on the upper sprites and lift your knees and pelvis up away from the floor to get into plank position. Maintain the position for a fixed amount of time.

16

Side Step

1-4

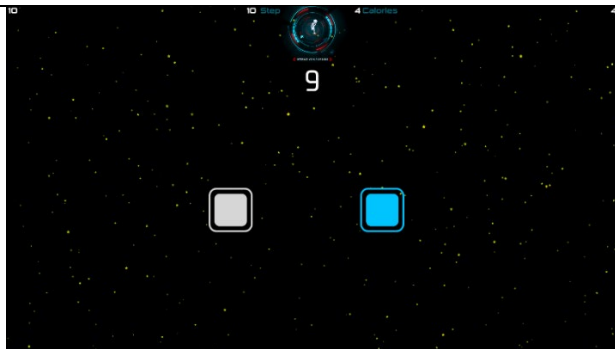


Step on a sprite by walking sideways. Then, go to the other side. Repeat quickly.

17

Side Jump

1-2

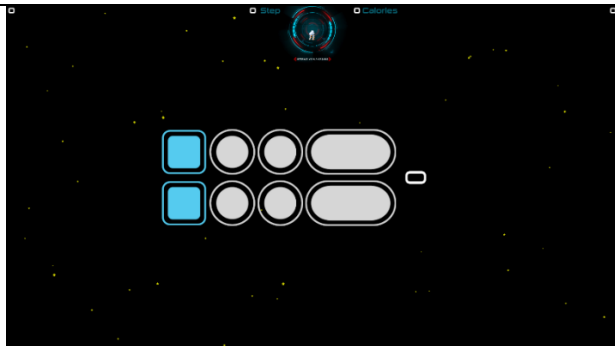


Jump onto the sprite on the opposite side with one leg. After landing, jump onto the sprite on the opposite side again. Repeat.

18

Arm Walking

1-4

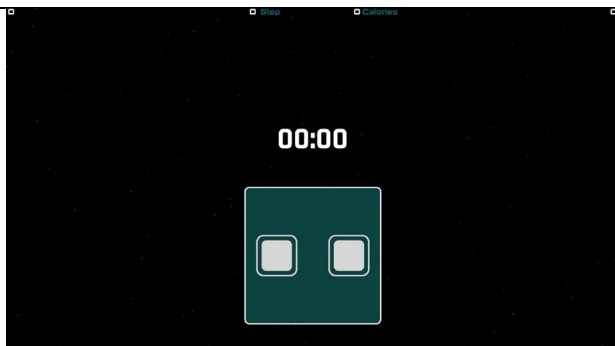


Stand on the sprites, bend over, and put your hands on the ground. Walk forward with your arms until your back is straight. Then, go back in reverse order and stand up.

19

Single Leg Stance

1-4

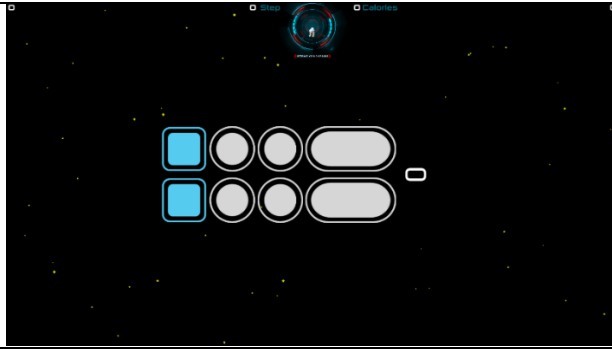


Put each of your feet on the sprites. Lift one of your legs and keep your balance for a fixed amount of time. Repeat with the other leg.

20

Mountain Climber

1-4

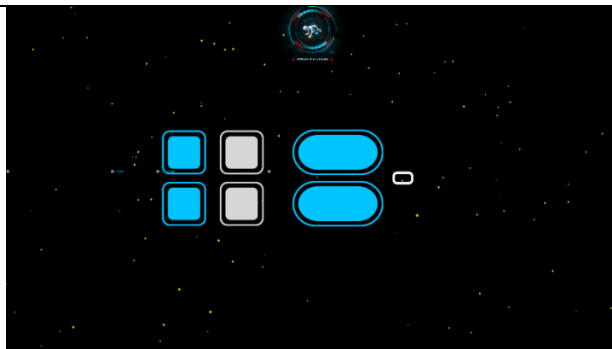


Put your hands on the ground and stretch your feet to the sprites. Put one of your knees into your chest and switch legs, stepping on the sprites by turns.

21

Burpee Test

1-4

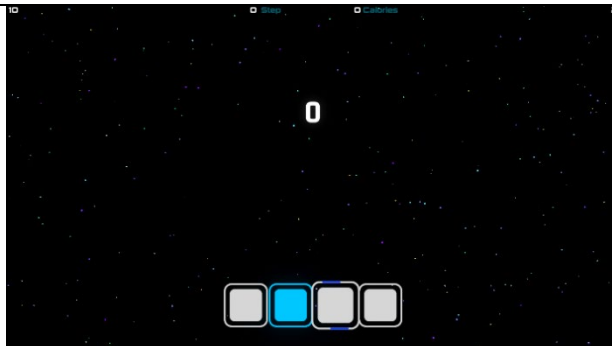


Start in a standing position. Bend down into a squat and place your hands on the ground. Jump both feet back into a plank position. Bring your feet back to the squat position and stand up.

22

Tap Step

1-4



Stand on the sprite at the center. Step on a sprite appearing with one of your feet and go back to the original position. Switch legs. Repeat rhythmically for a fixed amount of time.

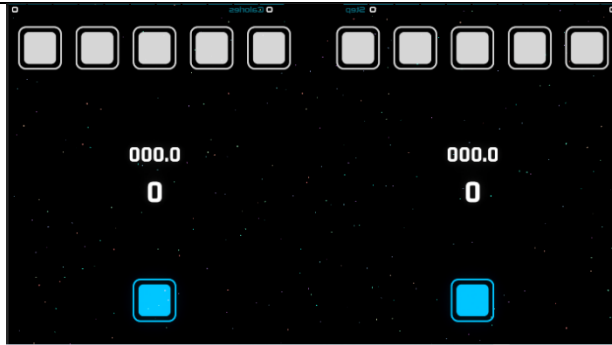
23

Meditation

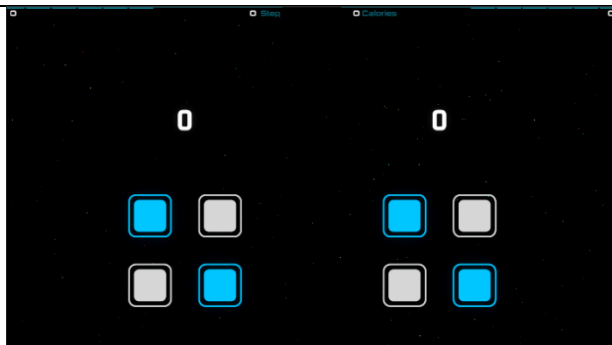
1-5



Sit on the sprite and close your eyes. Listen to the music and relax your mind and body for a fixed amount of time.



Stand on the lower sprite. Sprint for the upper sprite and step backward immediately. Repeat.



Put one of your feet on the upper sprite and the other foot on the lower one diagonally. Switch the foot positions swiftly to the rhythm. You may add other motions such as a kick.

B

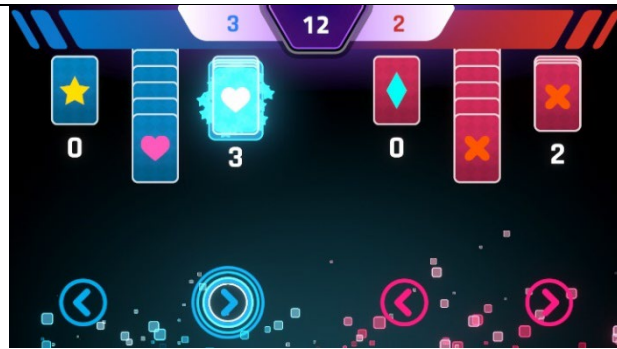
Brain Training



In Brain Training, players solve a variety of quizzes according to their levels, such as four-character idioms, arithmetic, finding figures, learning English words, and memorizing images. It improves your memory and cognitive ability and prevents dementia.

01 Speed Card

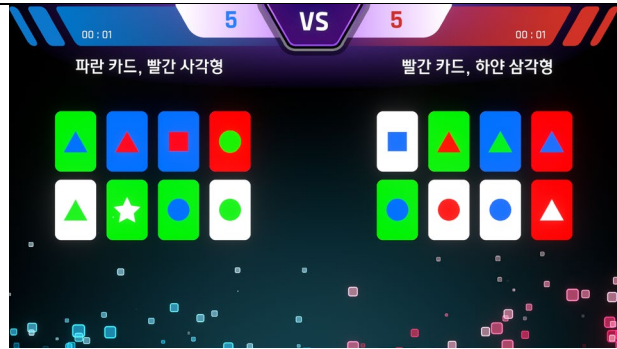
1-2



See the card pattern at the center and move it to the left or right to match the pattern by stepping on the arrows.

02 Image Tracking

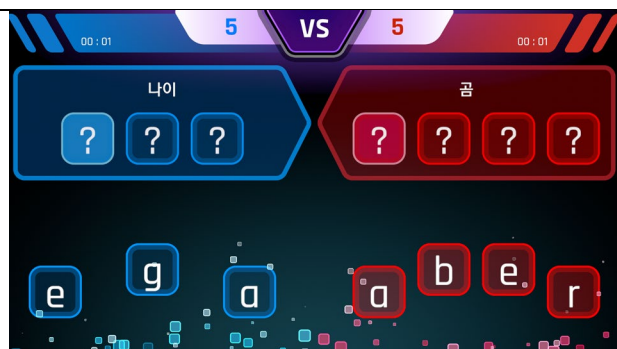
1-2



See the instruction (symbol and color) at the top and step on the correct card quickly.

03 Word Search

1-2



See the Korean word shown at the top and step on the alphabets to make a correct English word.

04 Matching Game

1-2



The cards open as soon as the game starts. Remember all the cards and select the same cards in order.

05 Shadow Quiz

1-2



See the shadow of an animal at the top and select a correct card.

06 Easy Math

1-2



Solve a mathematical quiz and select a correct answer to complete the equation.

07 Low to High

1-2

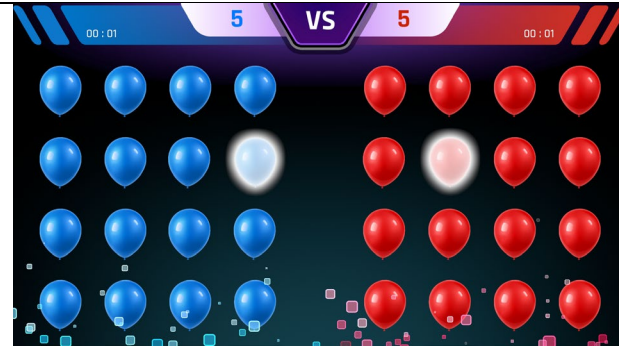


Step on the numbers from the smallest to the biggest. You win if you finish it more quickly.

08

Balloon Path

1-2



Once the game starts, balloons shine, showing a path. Remember the sequence and step on the balloons in the order shown.

09

Idiom Complete

1-2



See the meaning of an idiom above and come up with a correct idiom. Step on the letters below in order to complete the idiom.

10

Chinese Character Study

1-2

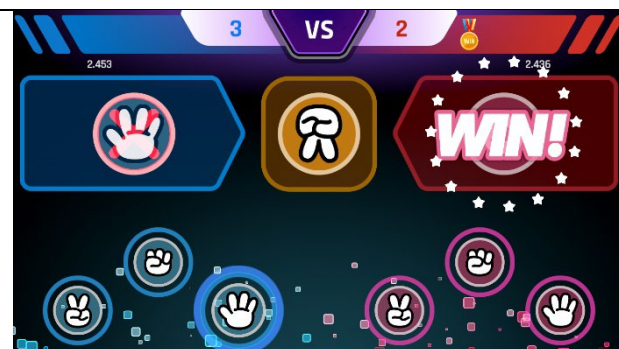


See the description of a Chinese character and find a correct one from the samples below.

11

Speed rock-paper-scissors

1-2

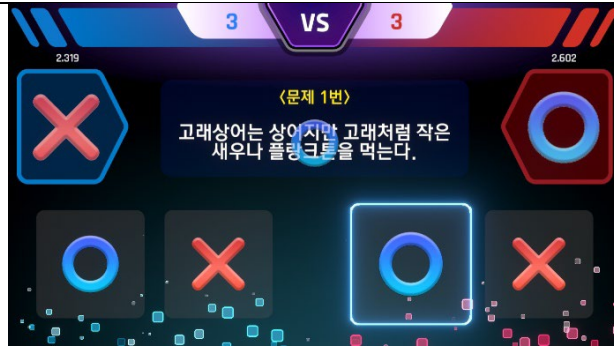


See the suggested hand shape and quickly select one that can beat the suggested one. You may select before the hand appears.

12

OX Quiz Together

1-2

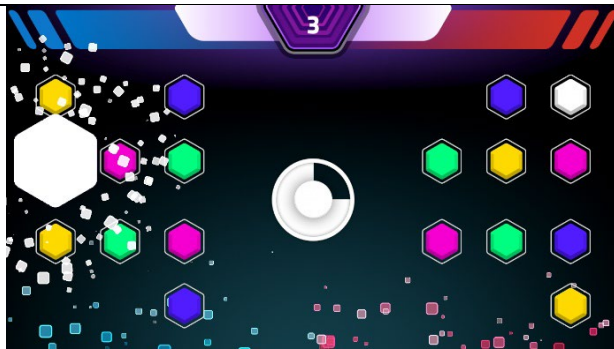


Select "O" if the answer to the quiz is true.
Select "X" if false.

13

Color Matching

1-2

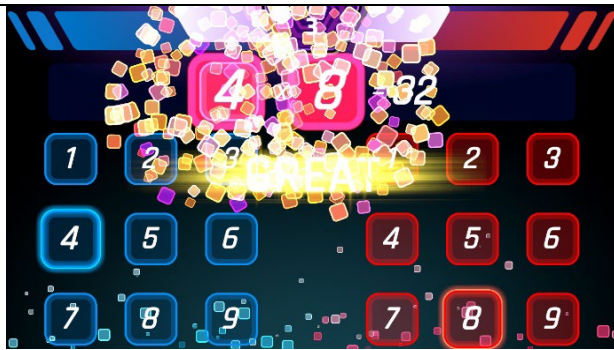


Select the same color as the one shown at the center of the screen. If the color is filled up, a different color is shown. It is important to cooperate with the other player.

14

Puzzle Math

1-2



Select a correct number to complete the equation. You need to cooperate with the other player to solve the quiz.

15

Step on High

1-2

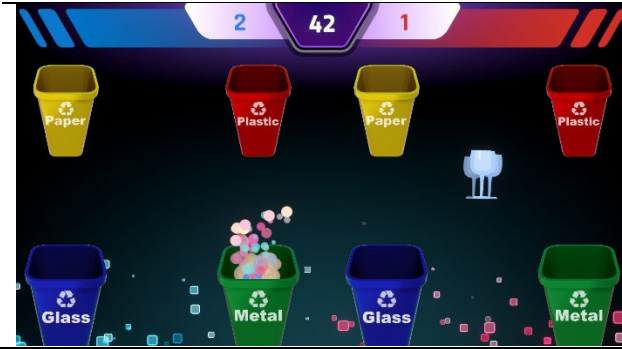


Compare the two cards (a number or an equation) and select the higher number.

16

Recycle

1-2



Select a correct recycling bin, depending on the waste that appears.

17

Piano

1-2



You can play the notes by stepping on the piano keys. Automatic performance is available as well.

18

Guess The Proverb

1-2



See the suggested proverb and select a correct word to fill in the blank.

19

Crosswalk

1-6



Stop at the crosswalk and see if vehicles are coming. Once the green light comes on, make sure that the vehicles have stopped and then cross the road.

G

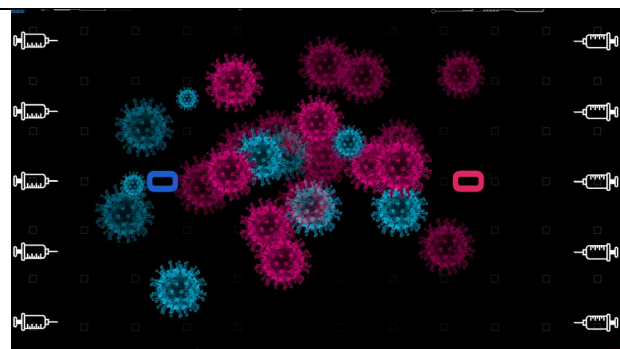
Health Game



Health Game consists of exercise game content for a single or multiple players. You can work out steadily, enjoying interesting, addictive, and fun content.

01 Virus Hunter

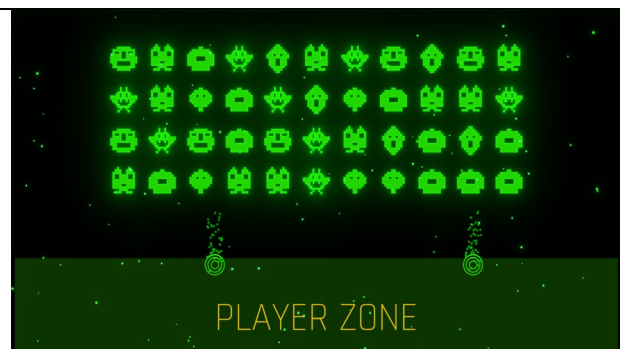
1-2



Once you step on a syringe, the vaccine is discharged. The team who gets rid of the viruses first wins.

02 Space War

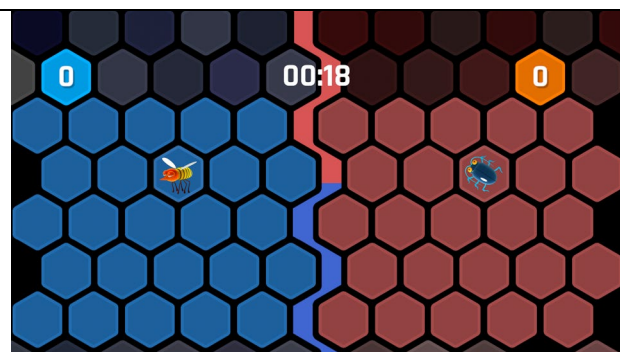
1-4



Kick the Frisbee to hit the spaceships. You win if you get rid of all the spaceships.

03 Catching Bugs

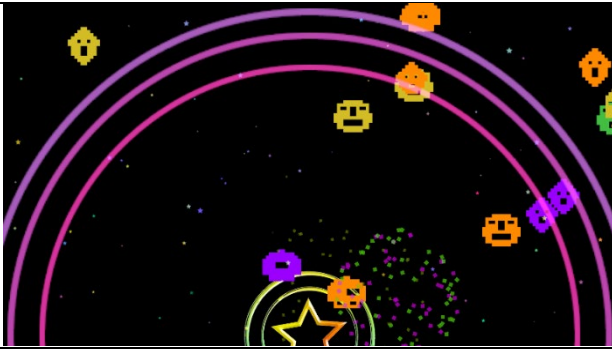
1-4



Stamp on bugs appearing here and there. The player who kills more bugs in a fixed amount of time wins.

04 Save the Earth

1-4



Get rid of the monsters approaching the star by stamping on them. You must protect the star with three protective layers.

05 Brick Breaker

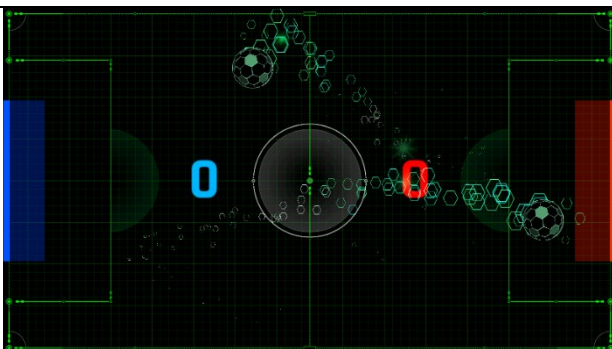
1-4



Hit the ball to break the bricks and send it to the opponent's area to win.

06 Two Ball Soccer

1-2



It is a soccer game using two balls. Kick the ball to score a goal. The player who scores more goals wins.

07 Run

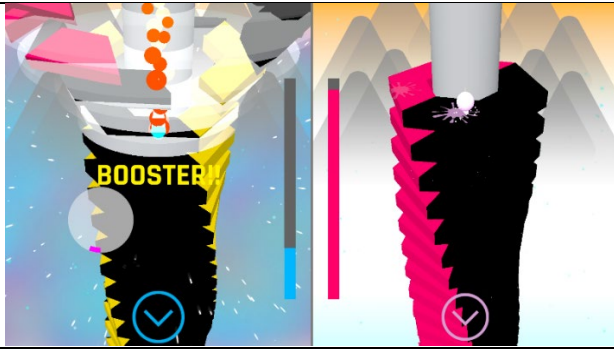
1-4



Avoid obstacles using the arrows. The player who gets to the finish line first wins.

08 Drop the Ball

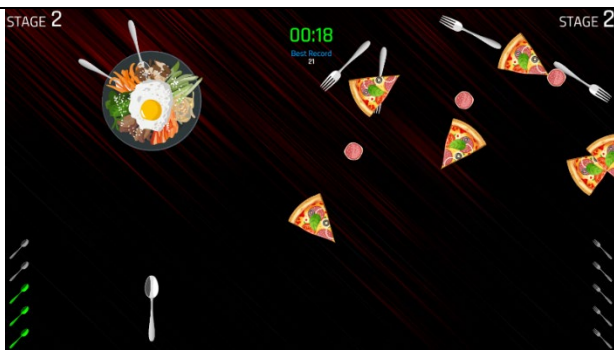
1-2



Once you press the button, the ball drops, breaking the blocks. Black blocks can be broken only in Booster Mode.

09 Lunch Time

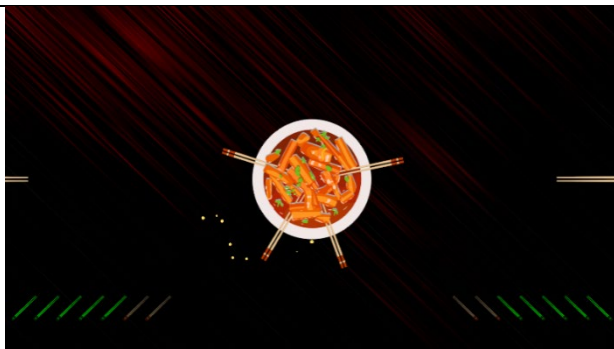
1-2



Once you step on a fork, it flies away and gets stuck in the food. If you hit the fork stuck in the food, it bounces off. (Individual play)

10 Lunch Together

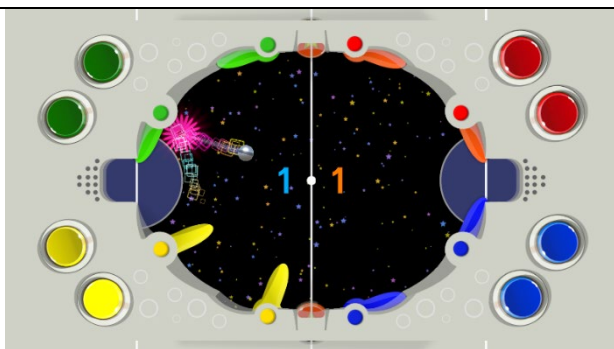
1-2



Once you step on a fork, it flies away and gets stuck in the food. If you hit the fork stuck in the food, it bounces off. (Play together)

11 Pin Ball

1-4



If you step on a button of a specific color, the stick of the same color hits the ball. Score more goals to win.

12 Jet Rider

1-2



If you step on the booster, the game character floats up into the air and launches rockets. Avoid attacks and advance as far as possible.

13 Rhythm Dance_ Baby Shark

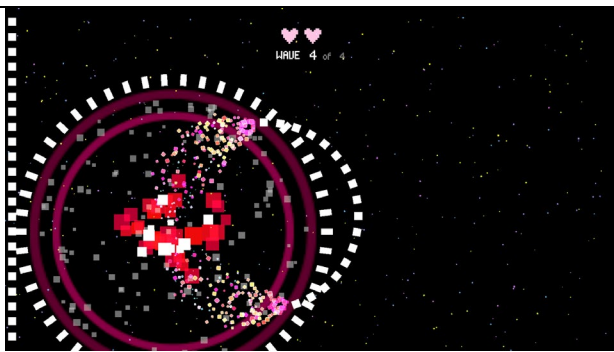
1-2



Step on correct notes in time to Baby Shark to get scores.

14 Bit Jump

1-2



Jump to avoid objects randomly appearing. Survive as long as possible to win.

15 Rhythm Dance_ B-Virus

1-2

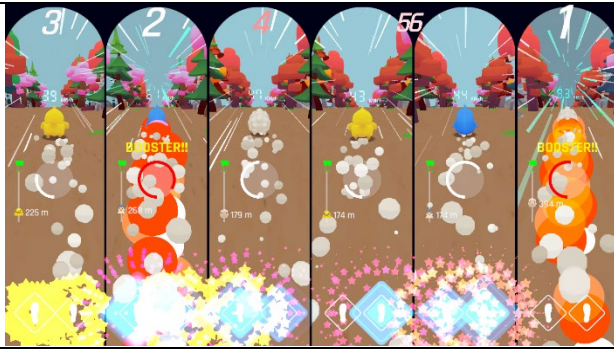


Step on correct notes to B-Virus to get scores.

16

My Pet Racing

1-6



Step on the sprites by running in place so as to move your pet. It is important to lift up your feet high and step on the sprites quickly and accurately.

17

Whack a Mole

1-4

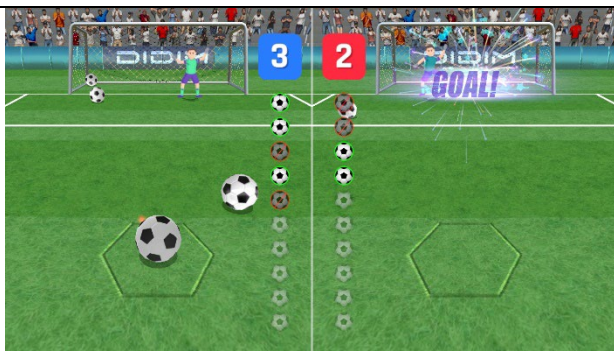


Stamp on small moles and jump onto big ones to eliminate them. The team who gets a higher score in a fixed amount of time wins.

18

Penalty Kick

1-2



The direction of the ball changes depending on which side of the ball you kick. You should kick the ball, considering which direction the goalkeeper moves to.

19

Step Racing

1-4



Step on the sprites quickly to move your car. It is important to lift up your feet high and step on the sprites quickly and accurately.



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